

The Elms Sport In Schools - PPA Termly Overview (Autumn)



	Early Years/Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Week 1	Ball Skills Throwing & catching	Footwork & Co-Ordination Change speed & direction	Football Dribbling	Tag Rugby Passing & ball handling	Football Dribbling & turning	Hockey Dribbling
Week 2	Ball Skills Kicking & striking	Footwork & Co-Ordination Turning with a ball	Football Passing	Tag Rugby Attack v Defence - overload	Football Keeping possession	Hockey Passing
Week 3	Ball Skills Controlling a ball	Ball Skills Kicking at targets	Football Keeping possession	Tag Rugby Tactical awareness	Football Decision making games	Hockey Attack v Defence overload
Week 4	Ball Skills Tracking a ball	Ball Skills Travel with ball – using feet	Football Control	Tag Rugby Creating overloads	Football Small-sided games	Hockey Small-sided games
	-	-	-	-	4 week assessment	4 week assessment
Week 5	Footwork & Co-Ordination Changing Speeds	Ball Skills Travel with ball – using hands	Football Small-sided games	Tag Rugby Understanding game rules	Hockey Dribbling	Football Tactical awareness
Week 6	Footwork & Co-Ordination Turning	Ball Skills Throwing a ball	Football Small-sided games	Tag Rugby Match	Hockey Passing	Football 1 v 1
	6 week assessment	6 week assessment	6 week assessment	6 week assessment	-	-
Week 7	Ball Skills Rolling for targets	Footwork & Co-Ordination Change speed & direction	Tag Rugby Ball handling	Football Dribbling & running with ball	Hockey Keeping possession	Football Attack v Defence overload
Week 8	Ball Skills Throw & Catch - targets	Ball Skills Kicking at targets (2)	Tag Rugby Passing opposed	Football Attack v Defence	Hockey Small-sided games	Football Small-sided games
	-	-	-	-	4 week assessment	4 week assessment
Week 9	Ball Skills Controlling a ball (2)	Ball Skills Small-sided games	Tag Rugby Small-sided games	Football Keeping possession	Tag Rugby Passing & creating overloads	Tag Rugby Attack v Defence overload
Week 10	Footwork & Co-Ordination Changing Speeds (2)	Ball Skills Travel with ball – using hands	Tag Rugby Attack v Defence	Football Game awareness	Tag Rugby Small-sided games	Tag Rugby Game management
Week 11	Ball Skills Tracking a ball (2)	Footwork & Co-Ordination Individual & relay	Tag Rugby Understanding game rules	Football Small-sided games	Tag Rugby Conditioned games	Tag Rugby SSG - officiating
Week 12	Ball Skills Kicking & Striking (2)	Ball Skills Throwing at targets (2)	Tag Rugby Match	Football Tournament play	Tag Rugby Small-sided games	Tag Rugby Small-sided games
	End of Term assessment	End of Term assessment	End of Term assessment	End of term assessment	End of term assessment	End of term assessment